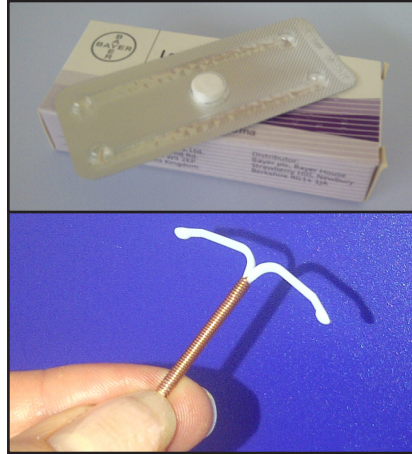


Emergency Contraception



If you have had sex without using a contraceptive you might need emergency contraception.



Contraception can prevent pregnancy.

There are 2 types of emergency contraception for women:

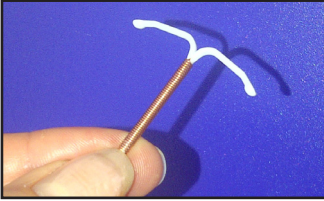


1. A pill can be taken up to 5 days after having sex.

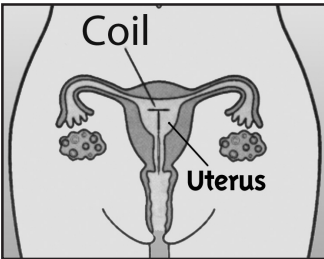
It works better if you take it as soon as possible after sex.



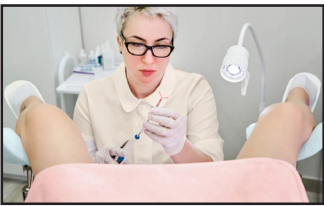
The emergency contraception pill is free from most pharmacies.



2. The Coil (or IUD) is also emergency contraception



It is a small device which is put in to the uterus.



The coil must be fitted by a GP, doctor or a nurse at a GP surgery or sexual health clinic.



You should still use condoms when having sex.

Condoms can prevent sexually transmitted infections.

Remember that it is your choice if you want to have sex or not.

You should never have sex if you don't want to.

January 2023